



When I trained directly under Dr. VanRumpt to become a teacher of D.N.F.T., I travelled from LA to Santa Barbara every Monday (arriving at 8am), and did not leave until 1pm - no breaks.

These meetings were never easy, but they were invaluable in establishing

correct and consistent motor skills. Some doctors expressed a desire to have a format that could offer a similar experience for their own growth in motor skills.

The result is the Motor Skills Intensive Seminar that is scheduled for next month in Oakland, CA.

There will be a very structured schedule as well as specific goals outlined for this special event. Motor skill sessions will be separated with live demos. These demonstrations will illustrate the very latest technologies of D.N.F.T.



Every attendee will be given a checkoff list that will include:

Leg Measuring

- √ Supine - equal
- √ Prone - equal
- √ Leg measuring - under/over



Thrusting

- √ Regular osseous thrusts
- √ Modified thumbnail thrust
- √ Disc thrusting with plexor

Palpation

√ Identifying major osseous landmarks: PSS, crest, L5, T1, C2, Atlas, radial head, fibular head



√ Identifying major soft tissue structures: flip ligaments, ilio-lumbar ligaments, knee collateral ligaments, piriformis, quadratus lumborum, abdominal obliques, rhomboids, trap, levator, supraspinatus, nuchal ligament, splenius capitus.

Adjusting



- √ L5 disc, including lateral aspects
- √ Pelvic tilt adjustment
- √ Femur head adjustment
- √ A typical thoracic correction
- √ C7 & T1 - emphasis on discs and T1 ribs
- √ A typical cervical (C3) adjustment
- √ An Atlas adjustment
- √ Occiput including sub-occipital muscles

Delivering the spectacular results that are possible with state-of-the-art D.N.F.T. is akin to playing a symphony on a musical instrument. As all of us who who have studied music know, before one can ever play a symphony, one must first play simpler pieces and be able to do correct fingering.

Practicing motor skills in a structured seminar environment is not something just for the newer practitioners of D.N.F.T. - it is for all of us. This is a unique opportunity to really get established in performing correct D.N.F.T.

We also plan on having a lot of fun!

Chris John, D.C.

October 4 & 5, 2003
 Executive Inn - Oakland Embarcadero
 1755 Embarcadero
 Oakland, CA 94606
 (800)346-6331

Hours: Sat - 9am to 12pm, 1:30 pm to 5:00pm
 Sun - 9am to 12pm

Motor Skills Seminar Registration

Name _____

Address _____

City / State / Zip _____

I am a Doctor Student

Course fee is: \$285 - DC, \$85 - Student

Check enclosed

Bill credit card:
 VISA / MC / AMEX / DISCOVER

Number _____

Date of Expiration _____

Mail or fax to:

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